SEVEN WORDS OF JESUS

What is Ash Wednesday? Ash Wednesday marks the beginning of Lent, a 40-day season marked by repentance, fasting, reflection, and ultimately celebration. During Lent, we take time to focus on Christ's life, ministry, sacrifice, and resurrection and what it means for us as believers.

Use this card as a way to prompt prayer and reflection during the season of Lent

Lent challenge:

Each day of lent (except Sunday), set time aside to do the following things:

- 1. Begin with 5-10 minutes of uninterrupted silence with the Lord
- 2. Read the daily Scripture reading (see back of card)
- 3. Take time to pause and reflect on what you've read (prompts provided on back of card)
- 4. Repeat steps 2 and 3 at least one time
- 5. Pray the prayer of confession (see back of card)
- 6. Finish with a worship song

- What stands out to you in the passage?
- What does the passage tell you about God?
- What does the passage tell you about yourself?

March 2: 1 Pet. 5:6 March 3: Isaiah 58:6 March 4: Psalm 42:2 March 5: Joel 2:12-14 March 7: Matt. 6:21 March 8: Lam. 3:25 March 9: Isaiah 30:18 March 10: Psalm 27:14 March 11: Matt. 6:16-18 March 12: Isaiah 40:31 March 14: Psalm 33:20-22 March 30: Phil. 3:10-11 March 15: Psalm 130:5-6 March 16: Micah 7:7 March 17: Rom. 12:12

March 18: Hos. 12:6 March 19: Matt. 6:33 March 21: Job 42:1-6 March 22: Gal. 5:5 March 23: Jer. 29:12 March 24: Ecc. 3:1-14 March 25: Psalm 62:5 March 26: Psalm 25:4-5 March 28: Mark 1:12-15 March 29: Matt. 4:1-11 March 31: Jn. 10:10 April 1: Jn. 16:33 April 2: Zeph. 3:17

April 4: Jn. 3:14-18 April 5: Micah 5:4 April 6: Joel 2:1-2 April 7: Zech. 9:9 April 8: Lk. 19:28-42 April 9: Mk. 9:2-10 April 11: Matt. 16:24 April 12: Ez. 18:21 April 13: Rom. 12:1-2 April 14: Luke 22:14-23 April 15: Luke 22:44-46 April 16: Luke 23:50-56

God of grace, we look to your son, today, who began his journey to the cross. As we trace his footsteps to Jerusalem, please give us your grace. For we know that we are called to follow Jesus, to carry our own crosses, to go where you lead. But we fail to follow you so often. Lord, please renew our resolve to follow you as we silently confess our sins to you now. Take 1-2 minutes to confess your sins to God.