Family 21 Days of Guided Prayer

Welcome to 21 Days of Prayer

21 Days of Talking and listening to God, tuning your ear to sense His presence.

Prayer is all about talking to God and listening to God all day long. Your purpose is to love Him and love those He places in your circle with your heart, mind, soul and with all your strength.

Talking to God is just like talking to a close friend. You talk to God and you ask questions and listen for what God is saying to you. The goal of prayer is to have a close relationship with Jesus which means listening and sometimes just hanging out in silence.

Here are 4 ways we can hear from God.

- God speaks through His written word. everything He says to you must align with the truth found in the Bible His word. We believe using all of scripture and the context of passage to the audience, helps us to understand the meaning of each verse and God's truth.
- God speaks through Holy Spirit It is not an audible voice. He communicates through a voice in your mind, a physical sensation, or an emotional connection His presence brings comfort, encouragement & teaching to guide your steps in all gentleness & humility. His voice may be more like a warming of your heart or a feeling in your gut, or a knowing which way to go that aligns with God's word.
- God speaks to you in the middle of your circumstances. Sometimes we sense or know exactly what He thinks and what He wants us to understand and do in the middle of our day, again it aligns with His character and His written word.
- God speaks through others walking closely with Christ. We have preachers and teachers who guide us and authors and speakers who share their story of walking with God and we learn from the devotions, written or spoken testimony of other believers.

Prayer is honestly an ongoing conversation through the day. Acknowledging God is always right there with you, an ever-present help in times of trouble. He wants to be with you in All things - good, crazy, sad, awful and beautiful.

Getting Ready:

Set a time each day to spend together or alone. Watch the online devotional or use this guide together.

Grab a Bible, (kids may need fidgets or clay), journals, and light a candle to remind your family of Jesus presence as the light in the darkness.

Prayer of preparation – before you begin your time with God take a moment to slow down and set everything down.

"God I give everyone and everything to you." Repeat this as many times as you need to - picture handing all of it to Him for Him to hold.

Put some music on...

All Shores Playlist - Worship Music to Soak in God's Presence

AppleMusic

https://music.apple.com/us/playlist/all-shorescurrent-rotation-winter-2024/pl.uAkAmv3Gc7eM71B

Spotify

https://open.spotify.com/playlist/OQfToLyaJNWz YUDNSZs9xi?si=006f8f1bc5ea4a79

<u>or</u>

Youtube

https://youtube.com/playlist? list=PLFZMR1ODsMS5yO9CWrdMhyjnENhOABz7s&si =-9fXXp1N3JWZ4jDK

- Prayer of preparation before you begin your time with God take a moment to slow down and set everything down.
- Worship Spend Time Soaking in His presence Close your eyes and imagine sitting at his feet or looking into his eyes
- Scripture

Verse: "Pray without ceasing." I Thessalonians 5:17

Prayer - Ask God "What are you saying to me?"

Pray and ask God to walk with you closely, let Him know you are so glad He is right there with you and you are never alone! Ask Him to keep showing you new things in the next 21 days of prayer.

Be still and reread the verse, listen for God's response - sometimes you need to be still and just sit with Him. Not expecting anything at all but His presence next to you. His presence and nearness changes everything.

Journal - write down / or draw what He is showing you

- Prayer of preparation before you begin your time with God take a moment to slow down and set everything down.
- Worship Spend Time Adoring Him
- Scripture

Matthew 11:28 "Come to me, all you who are weary and burdened, and I will give you rest.

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Come to me. I will give you rest. God is All Knowing and Wants a Close Friendship

God sees when you feel weary and are carrying around heavy thoughts, feelings and burdens. He knows you need His help and His rest. He wants you to come close and let Him carry the load.

Journal - write down / draw what He is showing you.

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Matthew 6:25-26 "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

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Isaiah 40:27-31 "Why do you complain, Jacob? Why do you say, Israel, "My way is hidden from the Lord; my cause is disregarded by my God"? Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth.

He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

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Luke 18:9-14 "To some who were confident of their own righteousness and looked down on everyone else, Jesus told this parable: 10 "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. 11 The Pharisee stood by himself and prayed: 'God, I thank you that I am not like other people-robbers, evildoers, adulterersor even like this tax collector. 12 I fast twice a week and give a tenth of all I get.' 13 "But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, 'God, have mercy on me, a sinner.' 14 "I tell you that this man, rather than the other, went home justified before God. For all those who exalt themselves will be humbled, and those who humble themselves will be exalted."

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- Scripture

John 5:19-20 "Jesus gave them this answer: 'Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does. 20 For the Father loves the Son and shows him all he does. Yes, and he will show him even greater works than these, so that you will be amazed.'"

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"Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled." Matthew 5:5-6

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Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed." MARK 1:35

CREATING A LIFESTYLE OF PRAYER

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

God isn't interested in us practicing religion; instead, He desires a relationship with us. God has adopted us as His children and loves for us to call Him our Father. Starting our prayer time acknowledging our relationship with God is powerful for us and delights Him as well.

You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father." Romans 8:15 nlt

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Philippians 2:1-4 "Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, 2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. 3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, 4 not looking to your own interests but each of you to the interests of the others."

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Philippians 2:5-11 "5 In your relationships with one another, have the same mindset as Christ Jesus: 6 Who, being in very nature[a] God, did not consider equality with God something to be used to his own advantage. 7 rather, he made himself nothing by taking the very nature[b] of a servant, being made in human likeness. 8 And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross! 9 Therefore God exalted him to the highest place and gave him the name that is above every name,10 that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,11 and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.

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- Scripture

1 Peter 5:1-7 "To the elders among you, I appeal as a fellow elder and a witness of Christ's sufferings who also will share in the glory to be revealed: 2 Be shepherds of God's flock that is under your care, watching over them-not because you must, but because you are willing, as God wants you to be; not pursuing dishonest gain, but eager to serve; 3 not lording it over those entrusted to you, but being examples to the flock. 4 And when the Chief Shepherd appears, you will receive the crown of glory that will never fade away. 5 In the way, you who are younger, same yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, "God opposes the proud but shows favor to the humble."[a] 6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.

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Eph 4:1-6 "As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love. 3 Make every effort to keep the unity of the Spirit through the bond of peace. 4 There is one body and one Spirit, just as you were called to one hope when you were called; 5 one Lord, one faith, one baptism; 6 one God and Father of all, who is over all and through all and in all."

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Mark 10:35-45

"Then James and John, the sons of Zebedee, came to him. "Teacher," they said, "we want you to do for us whatever we ask." "What do you want me to do for you?" he asked. They replied, "Let one of us sit at your right and the other at your left in your glory." "You don't know what you are asking," Jesus said. "Can you drink the cup I drink or be baptized with the baptism I am baptized with?' "We can," they answered. Jesus said to them, "You will drink the cup I drink and be baptized with the baptism I am baptized with, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared." When the ten heard about this, they became indignant with James and John. Jesus called them together and said, "You know that those who are regarded as rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

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- Scripture

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God. Matthew 5:7-9

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- Scripture

He will always give you all you need from day to day if you will make the Kingdom of God your primary concern. Luke 12:31 TLB

PRAY HIS AGENDA FIRST

"Your Kingdom come. Your will be done on earth as it is in Heaven"

Part of being a child of God is caring about what He cares about as your #1 priority. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first. Spend time focusing on what God is focused on. PRAYER:

"God, I recognize there is no better plan on earth than Yours, and I pray for Your will to be done in my life (name the areas of your life where you need more of God's presence today) and in our world.

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Colossians 3:12-14 "12 Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. 13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. 14 And over all these virtues put on love, which binds them all together in perfect unity."

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Colossians 3:15-17 "15 Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. 16 Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. 17 And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."

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- Scripture

Luke 6:27-36 " 27 "But to you who are listening I say: Love your enemies, do good to those who hate you, 28 bless those who curse you, pray for those who mistreat you. 29 If someone slaps you on one cheek, turn to them the other also. If someone takes your coat, do not withhold your shirt from them. 30 Give to everyone who asks you, and if anyone takes what belongs to you, do not demand it back. 31 Do to others as you would have them do to you.32 "If you love those who love you, what credit is that to you? Even sinners love those who love them. 33 And if you do good to those who are good to you, what credit is that to you? Even sinners do that. 34 And if you lend to those from whom you expect repayment, what credit is that to you? Even sinners lend to sinners, expecting to be repaid in full. 35 But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of High, because he is kind to the Most ungrateful and wicked. 36 Be merciful, just as your Father is merciful."

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- Scripture

Ephesians 4:22-32 "You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. "In your anger do not sin"[d]: Do not let the sun go down while you are still angry, and do not give the devil a foothold. Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need. Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

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Matthew 18:21-35

"Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" Jesus answered, "I tell you, not seven times, but seventy-seven times. Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants. As he began the settlement, a man who owed him ten thousand bags of gold[b] was brought to him. Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt."

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Jabez cried out to the God of Israel, "Oh, that You would bless me and enlarge my territory! Let Your hand be with me, and keep me from harm so that I will be free from pain." And God granted his request. 1 Chronicles 4:10

The Prayer of Jabez is a helpful model of a prayer we can pray every day.

BLESSING

Jabez begins his prayer by asking God for His blessing. We need more of God's blessing to be better equipped to make a difference for His Kingdom. We need more provision, more spiritual gifting, more wisdom, so that we can bless others with what God has given us.

James 4:2-3 tells us, "You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures." God wants to bless us, but He is often waiting for us to ask with the right heart. We have a big God, and we can be bold in asking for His blessing. As James points out, God sees our heart, and when we ask for blessing with the motivation not only to help ourselves but to help others, this gets His attention.

"Oh, that You would bless me..." 1 Chronicles 4:10 Ask God for His blessing. Recognize your need for His provision, and set your heart toward wanting more than you need so that you can be a blessing to others.

PRAYER:

"Father God, I pray that You would bless me with more than I need so that I can bless others. I pray for more provision, that You would equip me to give generously to others and meet their practical needs in Your Name.

I ask You to give me greater spiritual gifting so that I can strengthen the church and be more effective for the Kingdom of God. I pray for an abundance of wisdom

and discernment so that I can point others to You and make decisions that honor You. Help me keep Your generous blessings in perspective, so that I never become self-serving but stay focused on using what You've given me to serve other people."

- · Prayer to Ask God "What are you saying to me?"
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Who Are You Praying For?

FRIENDS:

RELATIVES:

ACQUAINTANCES:

NEIGHBORS:

CLASSMATES:

ENEMIES:

STRANGERS:

COMMUNITY:

WORLD:

HURTING/SICK: