


Family
21 Days
of Guided
Prayer





Family


Devotional and Prayer

Hello Families!

During 21 Days of Prayer, we hope your family will engage in a weekly time of prayer and sharing God's truth together.

There are 21 verses, kids' memory verse songs, & prayers - about 5 minutes in length. Use this as a daily dinner time discussion, bath time or bedtime devotional.

Prayer connects us in conversation and partnership with God. May your family grow in conversation and prayer!



Day 1

Read:

"Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28

Reflect:

Pile lots of heavy stuff in your arms or your child's arms.

This is heavy. I feel weary from carrying it. it is a burden to carry all this. Have the kids try.

Guess who will help us carry this. God Will! He will also let us rest!

Question:

What makes you feel weary?

Pray:

God, we are going to hand you all the heavy stuff we are worrying about and ask you to carry it and give us rest. We know when we are near you our burden is lite! Amen

Song:

[https://youtu.be/c4LG934E8OI?
si=VUGIIOiuM7dn1-Ph](https://youtu.be/c4LG934E8OI?si=VUGIIOiuM7dn1-Ph)

Day 2

Read:

"Trust in the LORD with all your heart and lean not on your own understanding, in all your ways submit to him, and he will make your paths straight." Proverbs 3:5-6

Reflect:

TRUST Walk!!! Follow me... Have kids follow you all around the house. Wow! Were you afraid I will take you in a scary closet or lock you in a room? No, you trusted me to take good care of you. We can trust God and Follow Him. He Will take us exactly where he wants us to go.

Question:

Is there anywhere you are afraid God will ask you to go? Today at school what was hard? Did you trust God to help you?

Pray:

God, we want to trust you with our whole heart. We want to follow you. Will you help us with All the hard things that happened today to remember to follow you Even when it does not always make sense right away? Forgive us for going our own way. Amen.

Song:

[https://youtu.be/fMLtXXu9MQY?
si=9IMJBm1MJg-XmKpe](https://youtu.be/fMLtXXu9MQY?si=9IMJBm1MJg-XmKpe)

Day 3

Read:

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." Isaiah 41:10

Reflect:

Name everything you are afraid of: Ready, Set, Go!

Question:

God says I will strengthen you & help you. He does not say he will take our fears away, but when we feel afraid what can we do?

Pray:

God We are sometimes scared of things. I think you know everything we are afraid of... when we get scared, we will ask you to hold our hand, to give us your strength and power, and help us through! Thank you God! Amen.

Song:

[https://youtu.be/-GGg5IYYQHE?
si=QzixY4NK76Dgwd8Q](https://youtu.be/-GGg5IYYQHE?si=QzixY4NK76Dgwd8Q)

Day 4

Read:

"See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!" 1 John 3:1

Reflect:

How do you like to be loved Best? Hugs, gifts, food, help, fun times, talking, someone listening to you talk and talk and talk?

Question:

God Loves us so much and wants to lavish us with love because he adores us as his kids. How do you know or feel God loves you?

Pray:

God We are need your love to lavish us and remind us we are your special kids. Thank you for your BIG gigantic love that pours over us like rain! Help us love ourselves and others with lavish love. Amen.

Song:

<https://youtu.be/dif4yqeLjTM?si=OGlvYNsgJC8qnP2>

Day 5

Read:

Isaiah 40:31 "Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Reflect:

Our minds and bodies are often tired, and it makes it hard to focus on the things God has given us to do for others and Him. This verse says we can focus on God and ask for God's strength. In one Bible story it says God can take a pile of bones and put them together, add skin & breathe new life to make a whole new body that is a strong warrior. Wow!

Question:

What is hard to do right now because you feel tired out?

Pray:

God we put our hope in you. You promise to renew our strength when we feel weak and tired. So, give us your power and energy to walk, run and soar above all the problems and focus on Your mighty hand lifting us up!
Amen!

Song:

<https://youtu.be/5mZIVAuZjI8?si=hH6aTOMy34H9DkNV>

Day 6

Read:

Psalm 119:130 "The unfolding of your words gives light; it gives understanding to the simple"

Reflect:

God's word gives light to shine in the dark, so we understand which way God wants us to go as we follow Him. Turn off the lights and turn on a flashlight. See how a light helps us. The Bible is God's Word to us! And it is filled with words that help us know God's way.

Question:

When did you get stuck today on following God's way? Is there a verse in God's word to help you when you get stuck?

Pray:

God help us learn your word so we can remember to go your way! Thank you for giving us the Bible to teach us how to live and love others. Thank you for helping us! Amen.

Song:

<https://www.youtube.com/watch?v=ahHWtvOmt2E>

Day 7

Read:

John 14:26 "The Holy Spirit will teach you all things and remind you of everything I have told you."

Reflect:

God speaks to us in His word the Bible. Sometimes it is hard to understand the things you read. God gives us a helper. The Holy Spirit will help us understand God's word and everything God is asking us to do.

Question:

Have you ever felt confused after reading or listening to someone read God's Word? We can ask Holy Spirit to give us understanding of even things that are hard to learn.

Pray:

God, thank you for your word and for giving us Holy Spirit to be our helper and to teach us all your ways. You are such a good God who helps us in our times of need. Help us listen to Holy Spirit and give us a teachable heart and a desire to learn your ways. Amen.

Song:

<https://www.youtube.com/watch?v=e2dzjHr2nxc>

Day 8

Read:

"This is my command - be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

Reflect:

We all feel afraid. God knows us. He knows we are afraid. So, God says don't BE afraid. Don't stay afraid. Move towards Him and take a hold of His hand. He will help you if you are ready to give everyone and everything to Him and trust Him to give you His peace.

Question:

What are you afraid or discouraged about today? God is with you all the time and will help you be strong in the Lord and in His mighty power to have courage.

Pray:

God thank you for understanding we are weak and fearful, and we need your power to fill us and make us strong and courageous. Help us Lord! Thank you for always being with us and in us! Amen.

Song:

<https://www.youtube.com/watch?v=IU45XTawnSY>

Day 9

Read:

Isaiah 54:10 "Though the mountains be shaken, and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the LORD, who has compassion on you.

Reflect:

God's love is the best love. He loves you even more than I do. He is kind and patient. His love is high, wide, deep, and longer than we can even imagine.

Question:

Is there anything you could do to stop God's love for you? NO, the answer is no. His love never fails or stops! It keeps going even when we mess up.

Pray:

God your love is what we need. We need your kindness and love to hold us and remind us you love us no matter what. Your love is forever. Thank you for being with us and loving us no matter what! Amen.

Song:

<https://youtu.be/uSNpBJ-Ti4?si=DUJkxhfin8SLALtz>

Day 10

Read:

Psalm 23:4 "Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me."

Reflect:

God says we will have hard times. But He also says He is with us, and He comforts and protects us from the enemy and his evil ways.

Question:

What hard times or evil have you faced this week? God says His rod and staff protect us. We cannot see it, but He is always there protecting us, and we can cry out for His comfort all the time.

Pray:

God thank you for protecting us and comforting us during hard times. Thank you for always being there and keeping us from the enemy. In Jesus name we send the enemy to your feet. The enemy cannot bother us because we know You are the Lord overall and the most powerful! Amen.

Song:

<https://www.youtube.com/watch?v=S2BNn78IWhk>

Day 11

Read:

Psalm 27:1 "The LORD is my light and my salvation— whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?"

Reflect:

We have the Lord of heaven's armies on our side! No one and nothing can defeat Him. He is in control and able to make us strong!

Question:

What or Who makes you feel weak or afraid? Do you believe God is stronger and can give you His power and might to feel strong too?

Pray:

God I will not fear or stay weak. I am asking you to make me Brave and strong! Thank you for building me up as your warrior in your army. Amen!

Song:

<https://youtu.be/qD8Gmand61A?si=JyOww1eMN51hrmu2>

Day 12

Read:

Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Reflect:

Pray about every situation! Ask God to help and give you! He will put a shield around you and guard thoughts and feelings from the enemy attacking your mind and feelings. He will give you peace while you wait for Him to work out all things for your best and His perfect ways.

Question:

What situation do you need God's peace or help right now?

Pray:

God thank you for being with us and guarding our feelings and thoughts so the enemy cannot give us thoughts to worry our hearts and minds. Give us peace and a quiet mind. Amen!

Song:

<https://www.youtube.com/watch?v=Z984DP2NDgU>

Day 13

Read:

Psalm 119:103 "How sweet are your words to my taste, sweeter than honey to my mouth!"

Reflect:

God's Word is alive in us. His word to us is sweet and creates sweetness in our soul. When we memorize His words, we make that connection between the Bible, our minds, and our hearts. It turns His love into a constant, deep, and more life changing meditation.

Question:

What is your favorite verse from God's Word That you can say?

Pray:

God help us focus more on your words to me and let them be the sweetest taste. Help me desire to memorize more of your words God! Amen.

Song:

<https://youtu.be/a18A6JlKre0?si=MHmxZPF10W7vaIg.p>

Day 14

Read:

Psalm 119:111 "I have hidden your word in my heart, that I might not sin against you."

Reflect:

God's Way is the way we choose. We follow Him because He is the way, the truth, and the life. He made us and knew exactly what we need to have our best life. We need to know God's word so we can go His way and not the way other people tell us to go.

Question:

When has someone ever tried to get you to go their way. God wrote His way on our hearts too, and so when we remember the love of God and His word, we can ask Him to help us follow Him. We can pray for others to go His way too. We can tell them we are going to love others, even when it is hard, because God loves us.

Pray:

God the Bible says we have all sinned and gone our own way. Please forgive us. Help us go your way. Help us ask for help and pray for those in our lives who try and get us to go our own way. We know your way is the best way. Amen!

Song:

<https://www.youtube.com/watch?v=tTZ4wJhV3oo>

Day 15

Read:

Psalm 119:105 "Your word is a lamp for my feet, a light on my path."

Reflect:

What does a lamp do? It helps us see in the dark so we do not trip on the toys or the things we cannot see will hurt us and cause us to fall. God's word helps us to stand up and walk His way without falling when trouble comes. His word lights His way and keeps us safe.

Question:

When we forget to follow God's word and we fall who will help us up? Who will help us remember His way and His word? Yes, God helps us every step when we ask Him!

Pray:

God your word gives us the way to go to love others like you do. Help us listen to your word and obey it, help us when we forget to go your way. Pick us up when we fall and help us follow your word and your way! Amen.

Song:

https://youtu.be/oy6pMPPSAG4?si=ORA4mt94Y0_H645j

Day 16

Read:

Psalm 121:1-2 "I lift my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth"

Reflect:

Who will help me? Lift your eyes up to God. He never slumbers or sleeps. He watches over us!! He protects us and covers us like a warm blanket with His love and safety.

Question:

Do you believe God is always with you? Do you know you have to ask for His help? He is not pushy or rude. He will help if you want Him to comfort you, protect you or help you.

Pray:

God you are so good to us! We feel safe because we are locked in tight under your wings and you are always there. Help us remember to ask you for help- we know you will be our strong tower. Amen.

Song:

<https://www.youtube.com/watch?v=QhcyvBS1kDI>

or

<https://www.youtube.com/watch?v=-4QpCymqpM>

Day 17

Read:

Zephaniah 3:17 "The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing."

Reflect:

God saves us! We are in a battle every day to serve God and go His way. Battle is hard. He quiets us after we face hard things by reminding us of His love and encouraging us.

Question:

Do you picture God in your mind as a Mighty Warrior? Do you see Him singing over you in delight?

Pray:

God sometimes I think you are upset with me for my struggle. I see you love me and fight for me and sing over me even if I do not follow you well. Help me call on you and remember you are the Mighty Warrior who fights my battles! Amen.

Song:

<https://www.youtube.com/watch?v=2aK3F9QsHuU>

or

<https://www.youtube.com/watch?v=P2zkLdROClc>

Day 18

Read:

Psalm 16:8 "I keep my eyes always on the Lord. With him at my right hand, I will not be shaken."

Reflect:

When we hold on to Jesus' hand, we will not tremble or shake. When we keep our eyes on Jesus, He has the perfect plan and will do exactly what He wants in me and through me!

Question:

Think of your biggest fear... Is God Bigger?

Pray:

God, you love to hold our hand and love to look in our eyes and remind us of your love and power. Give us your peace and let us stand strong with you! Amen.

Song:

<https://www.youtube.com/watch?v=Uvf13Qjt4lg>

<https://www.youtube.com/watch?v=NP4ZoLENYcQ>

Day 19

Read:

John 14:21 "Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them."

Reflect:

God's word teaches us all things. We follow God because we believe He knows us best and loves us best. We love God and we obey Him because we love Him so much!

Question:

Is it loving to go your own way? When you love God, you follow Him and serve Him alone.

Pray:

God thank you for loving me and giving me your commandments. I know there is Joy when I follow you! Thank you for loving me and showing yourself to me so I can follow you closely. Amen.

Song:

<https://www.youtube.com/watch?v=d8Chv0QmRjk>

Day 20

Read:

Psalm 36:5 "Your love, Lord, reaches to the heavens, your faithfulness to the skies."

Reflect:

All of creation cries out Holy to God. He is Majestic and we get to see all He created and Wow - how marvelous is our Creator!

Question:

When you look to the sky and world God made, what do you see that is marvelous?

Pray:

God thank you for making this world to remind us of how marvelous and mighty you are. Your word says, you were thinking of us when you made the world. You make the sunrise every morning without fail. And you walk with us, and we know your love never fails! Amen.

Song:

<https://www.youtube.com/watch?v=bbHbNYSRC6s>

Day 21

Read:

Acts 4:12 "There is salvation in no one else! God has given no other name under heaven by which we must be saved."

Reflect:

God you say, "I am the way, the truth and the life, no one comes to the Father but through me." You are the only one who can save us from going our own way. We need you.

Question:

Is there anyone beside Jesus who can save you from going your own way? Going our own way is sin. God will forgive our sin and make us new. He will help us follow His perfect way.

Pray:

We accept you alone are God. We believe Jesus died for our sins and confess we have gone our own way and we need for you to save us and ask you to forgive our sins! We choose to follow you. We ask for the Holy Spirit to help us and fill us. Amen.

Song:

<https://www.youtube.com/watch?v=U9YEvlkhuD0>

