

# 21 DAYS OF PRAYER

*21 Days of Prayer is a season that we set apart to seek God daily in prayer. We invite the Holy Spirit to speak to us, so that we may follow His lead in our lives. We want to: discover God's gift of being with Him vs. doing things for Him; join the work of Jesus by interceding for others; feel the love that God the Father has for us as His daughters and sons.*

Over the next 3 weeks there will be a daily and weekly routine that we invite you to participate in. Monday – Friday will be guided by a scripture reading, centered each week on a different spiritual practice. On Saturday there will be a personal practice challenge, while Sunday will provide a family or community practice challenge.

We want to make journeying into and along these 21 Days as accessible and impactful for you as possible, no matter how familiar you are with having time alone with God or engaging in these spiritual practices. We know your life is full: from parenthood to retirement, student life to work life, and everything in between.

Here are some ideas and suggestions that might help you as you make space and take this step of participating with us in 21 Days of Prayer:

- Set your morning alarm for 10 minutes earlier than usual
- Block out a 10 minute window in your calendar at the same time each day
- Block out 10 mins during your lunch break
- Listen to the daily scripture (YouVersion or Dwell app) and pray on your commute
- Create a simple bedtime routine that gives you 10 mins alone before falling asleep
- Invite your kids into the daily practice with you
- For singles – join the weekly Zoom group being held on Sunday afternoons. Register at [allshores.org/21](http://allshores.org/21)
- For couples – figure out how to give each other a 10 minute window of quiet each day

*\*All Shores will be holding a Worship Night on Thursday, January 27th that we invite you to attend*

### Daily Guide:

- Before reading today's scripture, if possible, find a comfortable and quiet place to sit
- Begin by asking the Holy Spirit to speak to you as you read
- Read the scripture verse or passage for the 1st time
- Read a 2nd time and look/listen for a word or phrase that sticks out
- Read a 3rd time and consider what about that same word or phrase is significant or what the Holy Spirit might be wanting to say to you.

Day 1: John 15:4-5

Day 2: Ps. 119:145-149

Day 3: Luke 5:15-16

Day 4: Philip. 4:10-13

Day 5: Mark 6:30-32

Day 8: 1 Timothy 2:1-6

Day 9: Rom. 8:22-28

Day 10: Rom. 8:31-39

Day 11: Col. 1:3-14

Day 12: Eph. 6:18

Day 15: Psalm 63:1-11

Day 16: Ex. 14:29-15:2

Day 17: Habak. 3:16-19

Day 18: Psalm 95:1-6

Day 19: Col. 3:14-17

### Saturday Challenges:

- Day 6: Choose an amount of time (5, 10, or 15 minutes) to sit in silence, practicing being vs. doing
- Day 13: Write out a prayer identifying at least 3 people/groups that you're interceding for
- Day 20: Listen and sing along to your favorite worship song or use your favorite streaming platform to find *Jireh* by *Maverick City*, considering while you do the unconditional love God has for you

### Sunday Challenges:

- Day 7: With your family, group, or friends, commit to 10-30 minutes of quiet and share with each other about your experience (easy or difficult, impactful or not, was God speaking anything to you, etc.)
- Day 14: As a family, group, or household, gather to pray having each person pray for the needs of someone outside of your household
- Day 21: Choose 2-3 worship songs to listen and/or sing as a family, group, or household and discuss what God speaks to you or how you experience God's love while you listen.

