



The Evangelical Covenant Church
MAKE AND DEEPEN DISCIPLES



B L E S S

Adventure Journal

NAME:

You are about to begin an adventure with Jesus by BLESSing others. Just as the disciples of Jesus recorded their experiences with Jesus in the Bible, you can record your BLESS adventure using this Adventure Journal. You will find space to write and space to draw. No matter how your journey goes, remember that Jesus is with you and loves you.

covchurch.org/bless

BEGIN WITH PRAYER

Who am I praying for:

#1

#2

#3





BEGIN
with
Prayer

Questions or thoughts I have for Jesus:

Someone in your family or a teacher, can help you write your answers.



intentional evangelism initiative

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BLESS Adventure Journal

LISTEN WITH CARE

**Remember to keep listening as you
share experiences and serve together.**



What have my friends been saying?

How does it make me feel?



Someone in your family or a teacher, can help you write your answers.



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BLES Adventure Journal

EAT OR EXPERIENCE TOGETHER

**Remember, you can share
more than one snack or more
than one experience together.**

What was it like?

What have we done together?

How might I pray differently now?





Questions or thoughts I have for Jesus:

Someone in your family or a teacher, can help you write your answers.

A stylized orange logo featuring a spoon, a fork, and a knife arranged side-by-side. The spoon is on the left, the fork is in the center, and the knife is on the right. The logo is composed of thick, rounded lines and is centered on a light beige background.

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BLES Adventure Journal

SERVE WITH LOVE

How have I been serving?

You can serve the one
you are praying for
but you can also serve
together.

How have those I am Blessing helped me?

How might I pray differently now?





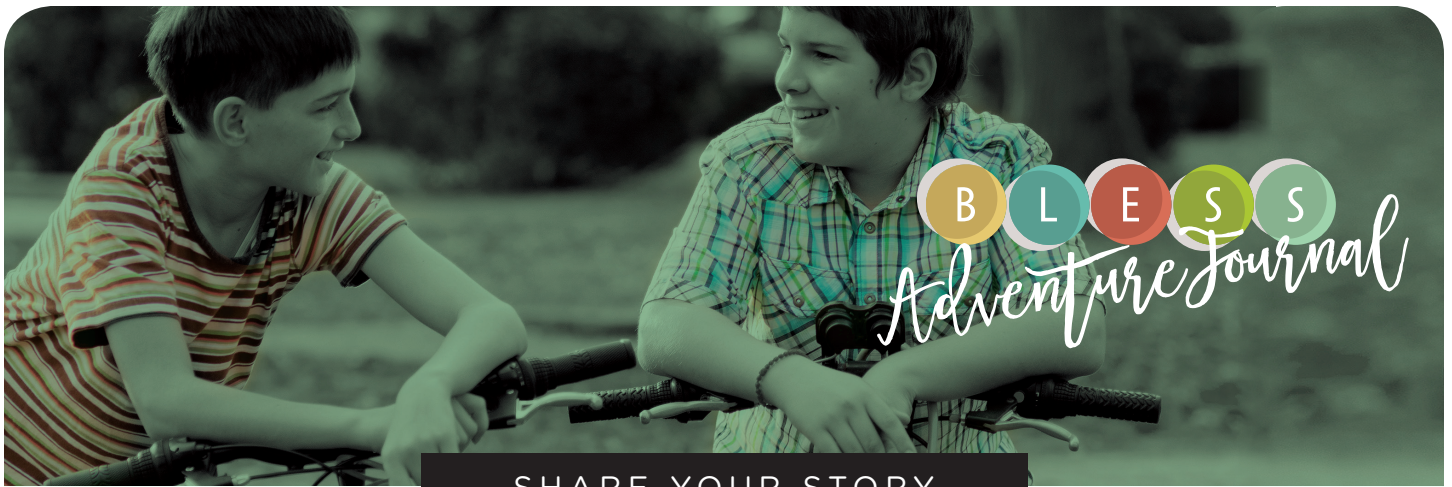
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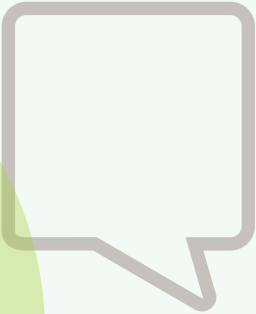
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SHARE YOUR STORY

How have I shared my Jesus story with others?



How have they responded?

**You can tell your story
or you can make a picture
book or a drawing of
your story and share it.**



Questions or thoughts I have for Jesus:

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BLESS Adventure Journal

NEXT STEPS

How do I feel about my BLESS adventure?

Keep BLESSing
your friends.

Pray with
your friends.

Invite them to
your church,
a church activity,
or a service project.

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